



Mental Health Technician

Student Learning Outcomes

- 1** Communication- The student will demonstrate the ability to communicate effectively using written and/or oral communication.
- 2** Information Literacy- The student will recognize when information is needed and have the ability to locate, evaluate, and use effectively the needed information.
- 3** Problem Solving- The student will demonstrate the ability to analyze information and solve problems.
- 4** Workplace Skills - Demonstrates a mastery of workplace skills/soft skills, exhibits initiative, adapts to varied situations

Program Outcomes

- 1** Apply basic nursing skills for health maintenance and promotion, including proficiency in bed making, personal hygiene, activities of daily living (ADL), infection prevention, vital signs, and safety measures.
- 2** Demonstrate competence in emergency procedures, such as fire and disaster response, CPR, First Aid, and assisting with emergency oxygen and suctioning equipment.
- 3** Acquire and integrate advanced nursing skills related to infection control, ostomy care, catheterization care, oxygen administration, suctioning, and care of clients receiving intravenous infusion therapy.
- 4** Understand the concepts of mental health and mental illness, including causes, symptoms, and treatment. Demonstrate knowledge of diagnostic criteria for major mental illnesses.
- 5** Develop and apply basic observation skills, communication skills, and reporting responsibilities necessary for the mental health technician role.
- 6** Demonstrate an understanding of psychiatric/mental health concepts and the role of a Mental Health Technician in working with clients. Develop therapeutic communication skills and apply safety measures in a mental health setting.
- 7** Integrate knowledge of mental disorders with therapeutic nursing principles, treatment, and rehabilitation interventions. Demonstrate the ability to apply technical skills in the treatment and rehabilitation of clients with both mental and physical illnesses.
- 8** Understand basic concepts of drug administration and the pharmacological effects of drugs. Demonstrate proficiency in safe and accurate drug administration through various routes

- 9 Recognize the impact of social, economic, and cultural factors in the development of mental illness. Understand group and family dynamics and their relationship to mental illness, emphasizing the effects of serious and persistent mental illness on daily functioning, interpersonal relationships, and quality of life.
- 10 Develop cultural competence and sensitivity to address the diverse needs of individuals from various backgrounds, recognizing the influence of cultural factors on mental health.

Associate of Applied Sciences, Mental Health Technician

Total Credits 60

Fall

Course #	Course Title	Credits	Function
MNT 120	Understanding Mental Illness	2	Technical Studies
MNT 130	Behavioral Science	3	Technical Studies
MNT 140	Technical Health Skills I	5	Technical Studies
PSY 101	General Psychology*	3	General Studies
PSY 120	Developmental Psychology*	3	General Studies
MTH	Math Elective*	3	General Studies

Spring

Course #	Course Title	Credits	Function
MNT 170	Pharmacology & Drug Administration	8	Technical Studies
MNT 180	Technical Health Skills II	5	Technical Studies
MNT 190	Therapeutic Communication	2	Technical Studies
MNT 200	Psychiatric Interventions	8	Technical Studies

Fall

Course #	Course Title	Credits	Function
ALH 110	Principles of Nutrition	3	Technical Studies
ENG 101	Composition I*	3	General Studies
SOC 101	Principles of Sociology*	3	General Studies
	Communication Elective*	3	General Studies
	Humanities Elective*	6	General Studies

* **Kansas Systemwide General Education**

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MNT 120	Understanding Mental Illness	2	Technical Studies
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PSY 101	General Psychology*	3	General Studies
PSY 120	Developmental Psychology*	3	General Studies

Spring

Course #	Course Title	Credits	Function
MNT 170	Pharmacology & Drug Administration	8	Technical Studies
MNT 180	Technical Health Skills II	5	Technical Studies
MNT 190	Therapeutic Communication	2	Technical Studies
MNT 200	Psychiatric Interventions	8	Technical Studies

* Kansas Systemwide General Education